

WYNDHAM GARDEN OKLAHOMA CITY AIRPORT  
2101 S MERIDIAN AVE.  
OKLAHOMA CITY, OK

# PAINT YOUR PATH!

AMERICAN FARMERS & RANCHERS WOMEN'S CONFERENCE

## AUGUST 6, 2016

**10 a.m.**  
**How to Get Involved in the Women's Cooperative**  
*Suzanne Gilbert*

**10:30 a.m.**  
**Advocating for Agriculture and Women**  
*Betty Thompson*

**11 a.m.**  
**Networking & Development for Women in the Workplace (Girl Talk)**  
*Cara Ferrell*

**1 p.m.**  
**Women's Safety**  
*Kerry Spencer*

**2 p.m.**  
**Painting**  
*Each attendee will create their own painting led by a professional artist.*

### WHAT IS GIRL TALK?

*Is a woman's language of success different than a man's? Most women tend to spend a great deal of time "thinking" and "feeling". When those non-direct words are used in our vocabulary it can lead to an unclear message. In the Girl Talk session we will discuss how to communicate with confidence, making direct statements without hedging, and asserting yourself through language without appearing aggressive. We will then utilize our girl power to practice our networking skills and make new professional connections.*

**IF YOU WOULD LIKE TO ATTEND THE OKLAHOMA WOMEN IN AG AND SMALL BUSINESS CONFERENCE ON AUGUST 4-5 IN MOORE, AFR WILL COVER THE \$50 REGISTRATION FEE FOR 25 LADIES ALSO ATTENDING THE AFR WOMEN'S CONFERENCE ON AUGUST 6. FREE REGISTRATION WILL BE GIVEN ON A FIRST-COME FIRST-SERVE BASIS. FOR MORE INFORMATION, CONTACT MEGAN ALBRIGHT AT 405-218-5416, MABLRIGHT@AFRMIC.COM OR IAFR.COM.**